

*Alice Fiedler*




# **STUDENTS' HAND BOOK**

of

**Flora Macdonald  
College**

**RED SPRINGS, N. C.**

**1943-44**



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# **STUDENTS' HAND BOOK**

Presented by the

**STUDENT ASSOCIATION**

of

**FLORA MACDONALD COLLEGE**

and the

**FLORA MACDONALD CHRISTIAN  
ASSOCIATION**

**1943-44**

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### GREETINGS!

So you are coming to college! This is a splendid thing to do. Many young people are longing to take advantage of this opportunity to fit themselves for life and are not able to do so.

The world today needs well prepared people. This is especially true of women. F. M. C. has been notably successful in preparing women for good and effective citizenship. She is offering this opportunity to you. Be certain to take advantage of it.

We are a happy and helpful "bunch" and are glad you are to be with us. I know we shall enjoy each other and that you will be one of the happy and helpful ones.

Be certain to look me up. I may be able to help you.

Yours for a great year,  
DR. C. G. VARDELL,  
President Emeritus.





We warmly welcome you to Flora Macdonald. A new world of friends and opportunities await you in college. There will be much for you to receive and much to contribute to others. What you gain from college life will depend largely upon what you put into it. Friendship, thoughtfulness, kindness, and earnest work will bring to you a rich return.

We of the faculty stand ready to help you in every way that we can.

Sincerely yours,

DR. HENRY G. BEDINGER,  
President.



**GREETINGS AND WELCOME  
TO OUR BIG FAMILY!**

If you have been to Flora Macdonald before, you know us, and our ways, and you know that you will always have your very own place in our halls, and on our campus.

If you are coming to us for the first time this fall, we hope that you will begin to feel, right now, that you are one of us; that we are waiting eagerly to take you into our haunts and into our hearts.

We feel that we have here at Flora Macdonald, a spirit of friendliness and loyalty that is unique.

Our highest wish for you is that you may come to us and be filled with that spirit, and love Flora Macdonald College as we do.

Will you come and help us and let us help you?

**LUCILE SHAW WILSON,**  
Dean of Women.

## SOCIAL CALENDAR

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### FALL:

F. M. C. A. Reception for New Girls.

Epsilon Chi Literary Society Banquet.

Zetesian Literary Society Banquet.

Concerts.

Lectures.

Hockey Tournament.

Home Coming Day.

### SPRING:

Dr. Vardell's Birthday.

Freshman-Sophomore Banquet.

Concerts.

Lectures.

Junior-Senior Banquet.

May Festival.



## A DAY'S PROGRAM

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Rising bell .....	7:00	o'clock
First breakfast bell .....	7:15	"
Breakfast .....	7:30	"
Quiet hour .....	8:05	"
First class .....	8:20	"
Second class .....	9:20	"
Chapel .....	10:20	"
Third class .....	10:50	"
Fourth class .....	11:50	"
Mail .....	12:50	"
Lunch .....	1:00	"
Fifth class .....	1:40	"
Sixth class .....	2:40	"
Dinner .....	6:00	"
Mail .....	6:30	"
Vespers .....	6:40	"
Study hour .....	7:15	"
Visiting bell .....	10:30	"
Quiet and in rooms .....	10:50	"
Light bell .....	11:00	"

## ACADEMIC YEAR 1943-44

Sept. 13, Monday --- College entrance exams.  
 Sept. 14, Tuesday ----- Registration  
 Sept. 15, Wednesday ----- Recitations begin  
 Sept. 20, Monday  
     Examination for removal of conditions  
 Oct. 23, Saturday ----- Home Coming Day  
 Nov. 16, Tuesday ----- Second Quarter begins  
 Nov. 24, Wednesday, 3:40 p.m.  
     Thanksgiving Recess begins  
 Nov. 25, Thursday, 10:00 p.m.  
     Thanksgiving Recess ends  
 Dec. 17, Friday, noon  
     Christmas Recess begins  
 Jan. 4, Tuesday, 8:20 a.m.  
     Christmas Recess ends  
 Feb. 1, Tuesday ----- Second Semester begins  
 Feb. 12, Saturday ----- Dr. Vardell's Birthday  
 Feb. 15, Tuesday  
     Meeting of Board of Trustees  
 Feb. 15, Tuesday, Meeting of Advisory Board  
 Mar. 28, Tuesday ----- Fourth Quarter begins  
 April 7, Friday, 1:00 p.m.  
     Spring Recess begins  
 April 12, Wednesday, 8:20 a.m.  
     Spring Recess ends  
 May 2, Tuesday ----- May Day  
 May 23, Tuesday  
     Meeting of Board of Trustees  
 May 27, Saturday ----- Alumnae Day  
 May 27, Saturday, 8:15 p. m.  
     Senior Class Exercises  
 May 28, Sunday ----- Baccalaureate Service  
 May 29, Monday, 8:15 p.m., Annual Concert  
 May 30, Tuesday ----- Commencement

**THE FLORA MACDONALD  
CHRISTIAN ASSOCIATION**

Cordially Invites You

to Attend the

**INFORMAL OPENING  
RECEPTION**

GIVEN THE NEW STUDENTS

in the

COLLEGE PARLORS

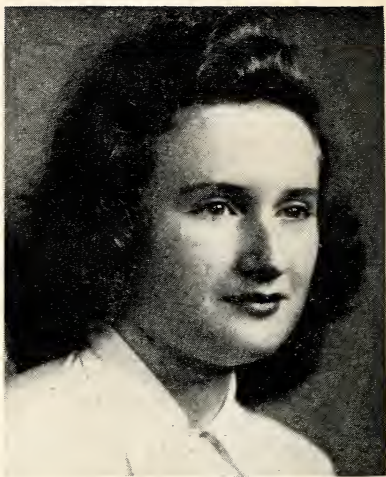
at 8:00 P.M.

First Monday Night in the

College Year



THE FLORA MACDONALD  
STUDENT ASSOCIATION



From the Student Body of Flora Macdonald comes a welcome to each student. We are proud to have you share with us the Christian fellowship, the spirit, and the traditions of Flora Macdonald. We hope that these ideals in our college, of which we are so proud, will come to mean as much to you and to your future appreciation of life as they have to us.

Again, welcome new students.

PEGGY TEABEAUT,  
President of Student Body.

## COUNCIL

MARGARET TEABEAUT ..... President  
MARY JOHNSON ..... Vice-President  
ANYCE KALLAM ... President F. M. C. A.

FRANCES LIFRAGE

President of Senior Class

CATHERINE McDUFFIE

Vice-President of Senior Class

CAROLYN McKAY

President of Junior Class

CATHERINE LYTTON

Vice-President of Junior Class

MARY GEE WILLCOX

President of Sophomore Class

(To be elected)

President of Freshman Class

MASON WORLEY

President of Zetesian Society

EVELYN RANDLE

President of Epsilon Chi Society

DORIS BAXLEY

President of Athletic Association

YVONNE BAUCOM

President of Day Students

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## Pledge

In becoming a member of Students' Association of Flora Macdonald College I promise that I will respect and uphold the regulations of the Association and by my life and influence strive to maintain the high ideals of the College.

# CONSTITUTION OF THE STUDENT ASSOCIATION OF F. M. C.

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## Preamble

We, the students of Flora Macdonald College, desiring to express our loyalty to our Alma Mater, and believing that by sincere coöperation we may develop an efficient means of self-government and thereby form a more desirable community, do hereby organize ourselves into a Students' Association.

## ARTICLE I

### Name

This organization shall be known as the Students' Association of Flora Macdonald College.

## ARTICLE II

### Purpose

The purpose of this Association shall be to unite the students of Flora Macdonald College in an earnest and loyal effort to hold personal honor as the only true standard for efficient social living; and to develop the sense of personal responsibility.

## ARTICLE III

### Membership

Every student matriculating is a member of this Association and shall be subject to this Constitution.



## ARTICLE IV

### Organization

The legislative power shall be vested in the Association subject to the approval of the Advisory Board. The executive and judicial powers shall be in the hands of the Student Council and the Advisory Board.

#### SECTION 1. The Student Council:

The Student Council shall consist of:

President of Student Body.

Vice-President of Student Body.

President of Senior Class.

Vice-President of Senior Class.

President of Junior Class.

Vice-President of Junior Class.

President of Sophomore Class.

President of Freshman Class.

President of Flora Macdonald Christian Association.

President of Athletic Association.

President of Zetesian Society.

President of Epsilon Chi Society.

President of Day Students.

#### SEC. 2. The Advisory Board.

The Advisory Board shall be composed of:

President of the College.

Dean of Women.

Dean of Faculty.

Dean of Conservatory.

The Class Advisers.

A Faculty Member appointed by the President.

The President of the College is ex-officio chairman of the Advisory Board.

### SEC. 3. The Coöperative Committee.

The Coöperative Committee shall consist of:

#### A. Representatives of Administration:

The President of the College; Dean of the Faculty or the Dean of Women; Three other members of the Government Committee.

#### B. Representatives of the Student Body:

The President of the Student Body; The Vice-President of the Student Body; three other members of the Student Council.

### SEC. 4. Proctor Committee.

This committee shall be composed of a chairman, who shall be the President of the Junior Class, and eight Proctors, one on each hall, who shall be appointed by the Student Council and who shall serve for four weeks. No Proctor may serve two successive terms or serve more than twice a year, preferably once each semester. These Proctors are appointed to coöperate with the Faculty and the Students' Association in the preservation and advancement of the Honor System.

## ARTICLE V

### Election of Council Members

SECTION 1. The President of the Students' Association.

At a called meeting of the Association nominations for the incoming President of the Association shall be made by written ballot.

(1) Nominees shall be members of the rising Senior Class.

(2) The two students receiving the highest number of votes, if approved by the Government Committee, shall be considered nominees.

The Association at a later meeting shall vote, by written ballot, on the two nominees. The nominee receiving the majority of votes cast shall be declared elected President of the Association.

This election shall be held prior to all other elections, and the retiring President of the Association shall be an honorary member of the Council and serve as such until the end of the school year.

The President of the Senior Class shall remain a member of the Student Council.

## SEC. 2. Vice-President.

At the meeting of the Association in which the President is elected, nominations for the incoming Vice-President shall be made by written ballot.

(1) Nominees shall be members of the rising Junior or Senior Classes.

(2) The two students receiving the highest number of votes, if approved by the Government Committee, shall be considered nominees.

The Association at a later meeting shall vote, by written ballot, on the two nominees. The nominee receiving the majority of votes cast shall be declared elected Vice-President of the Association.

## SEC. 3. Other Council Members.

The other members of the Student Council shall be elected by the organizations which they represent.

SEC. 4. All of these elections must be approved by the Government Committee, who may refuse to ratify such elections, on account of lack in either scholarship or conduct.

## ARTICLE VI

### Duties of Officers and Boards

#### SECTION 1. Duties of Officers.

(1) The President of the Association. The President shall call and preside over all meetings of the Association, and Student Council, and shall perform all duties pertaining to that office.

(2) Vice-President. The Vice-President shall assume the duties of the President in her absence or at her request, and at other times fully coöperate with her in the performance of her duties.

(3) Secretary. The Secretary shall keep a record of all the meetings of the Association and Student Council, and shall attend to all the necessary correspondence of the Association.

(4) Treasurer. The Treasurer shall have charge of all finances of the Association.

(5) Chairman of Proctors. The President of the Junior Class shall act as Chairman of Proctors, and shall have general supervision of the Proctor Committee.

#### SEC. 2. Duties of Student Council.

(1) The duties of the Student Council shall be to execute the will of the Association as expressed in this Constitution.

(2) To appoint Proctors for each hall.

(3) To summon before them any student reported to them as disregarding regulations.

(4) To fix the penalty that may be in their judgment wisest, except upon such offenses as may incur either suspension or expulsion, such offenses to be referred to the Coöperative Committee immediately.

(5) To work constructively for the betterment of the Association.

(6) To see that rules are enforced by those responsible for this phase of work.

(7) Should a council member learn of any violation of the rules she is honor bound to report same to the proper authorities.

**Note:** A member of Student Council who commits an offense for which she is campused, except for breaking busy notice, shall not be permitted to sit on the Council during her campus.

**SEC. 3.** The duties of the Proctors shall be.

(1) To have oversight of the conduct of any student on her hall, whether rooming there or not, and to maintain quiet during study hour and after light bell.

(2) To grant house permission at the following times:

- a. To students having closed study periods to speak for not longer than 10 minutes during study periods.
- b. To spend Saturday and Sunday nights in other than their own rooms.

(3) Proctors are honor bound to report any violations of rules.

(4) To submit a report to the Chairman of the Proctor Committee at the end of each day.

SEC. 4. The duties of the Coöperative Committee.

(1) To coöperate with the Student Council in all of its aims and endeavors for upholding the administration of the College, rendering such service and advice as to them may seem wise and helpful.

(2) To consider and pass upon students nominated for positions on the Student Council. No student shall be considered eligible for a position on the Student Council without consent of the Coöperative Committee.

(3) To remove any member of the Student Council from office if she has in their judgment rendered herself unfit for the position. The organization electing her shall be requested to fill her place.

(4) To consider and act upon any amendment of this constitution that may be suggested to them by the Student Council.

SEC. 5. The duties of the Coöperative Committee shall be:

(1) To consider jointly problems which arise.

(2) To make recommendations to the Advisory Board and the Student Council.

## ARTICLE VII

### Installation

At the installation of any officer the President shall read that portion of the Constitution having reference to the duties that

pertain to that office. Thereupon the President shall say: "You have heard the nature of the duties assigned to you by the Association. Do you promise to execute them faithfully and with impartiality to the best of your ability? If so, answer, 'I promise'."

## ARTICLE VIII

### Impeachment

Any six members of the Association may offer a written petition to the Council for the impeachment of any of the Student Council. If approved by the Advisory Board, it shall be presented to the Association and if it be sustained by a majority vote, she shall be removed from office.

## ARTICLE IX

### Appeals

SECTION 1. A student shall have the right to appeal from the decision of the Student Council touching a *minor* penalty to the Dean of Women.

SEC. 2. A student shall have the right of appeal from any decision of the Student Council to Chairman of the Advisory Board.

## ARTICLE X

### Meetings

SECTION 1. Of Association. Meetings of the Association may be called by the President whenever she may deem it necessary and must be called by the President upon the request of the Dean or the written request of ten members of the Association.

SEC. 2. Of Student Council. The Student Council shall meet regularly each week. Special meetings may be called by the President.

SEC. 3. Of Proctor Committee. The Proctor Committee shall meet regularly once a week. Special meetings may be called by the Chairman of Proctors.

## ARTICLE XI

### Quorum

Two-thirds of the members of the Association, or of the Student Council, constitute a quorum of their respective bodies.

## ARTICLE XII

### Amendment

Any amendment to the Constitution may be proposed to the Student Council by ten members of the Association or by five members of the Student Council. If approved by the Government Committee it shall be presented to the Association where a two-thirds vote of the Association shall be necessary for its ratification.



# BY-LAWS

## I

1. A report of the work and penalties given by the Student Council shall be made known to the Dean each week by the President. Continuous breaking of house rules shall be reported to the President of the College.

2. Attendance at meetings of the Student Government Association is required and all students are held responsible for announcements made at such a time.

3. Campuses shall be posted on bulletin board.

## II—Standing Committees

1. The Welfare Committee shall be in charge of all plans concerning the training of freshmen at the beginning of the College year.

2. The Findings Committee shall keep in touch with the progress being made and constructive work being done by Student Government Associations throughout the country.

3. The Hand Book Committee, composed of joint chairmen from Student Government Association and Flora Macdonald Christian Association, shall edit the Hand Book for the following year.

## III—Fire Drill

1. A candidate for fire chief shall be nominated from the rising Junior or Senior Class by the Student Council and presented to the Association. Other nominations may be made from the floor. The nominee receiving a majority vote shall be elected.

2. Remaining in the building during a fire drill shall be considered a minor offense.

3. There shall be at least eight fire drills a year, preferably one each month. The fire squad appointed by the captain must be approved by the Student Council and the Dean.

#### IV—The Point System

To prevent a small group of students from holding all the student offices, a point system has been adopted.

1. No student shall hold offices amounting to more than ten points in one college year.

2. The point system shall be under the direction of a Student Recorder of Points.

3. It shall be the duty of the Student Recorder of Points to keep an up-to-date copy of the Point System, to keep in touch with all student elections, and to see that no student carries more than the allowed number of points.

4. The system of points is as follows:

##### Student Body

President .....	10
Vice-President .....	10
Recorder of Points .....	2
Fire Chief .....	4

##### F. M. C. A.

President .....	10
Vice-President .....	8
Secretary .....	5
Treasurer .....	10
Cabinet Members .....	5
Prayer Band Leaders .....	3
President of Student Volunteers .....	3

## Literary Societies

President .....	10
Vice-President .....	10
Second Vice-President .....	5
Recording Secretary .....	3
Corresponding Secretary .....	3
Treasurer .....	5
Critic .....	1
Censor .....	1
Chaplain .....	2

## Athletic Association

President .....	10
Vice-President .....	2
Secretary .....	3
Treasurer .....	5
Head of Sports .....	2
Salesman .....	2

## Classes

### *Senior*

President .....	10
Vice-President .....	10
Secretary .....	2
Treasurer .....	4
Tea Room Manager .....	5
Assistant Tea Room Manager .....	2

### *Junior*

President .....	10
Vice-President .....	10
Treasurer .....	2
Tea Room Manager .....	5
Assistant Tea Room Manager .....	2

### *Sophomore*

President .....	5
Treasurer .....	1

### *Freshman*

President .....	4
Treasurer .....	1

### College Magazines

#### *The White Heather*

Editor-in-Chief .....	10
Assistant Editor-in-Chief .....	5
Business Manager .....	10
Assistant Business Manager .....	5
Associate Editors .....	4

#### *Pine and Thistle*

Editor-in-Chief .....	10
Assistant Editor .....	5
Business Manager .....	10
Assistant Business Manager .....	4
Associate Editors .....	4

### V—Honor System

1. Students are on their honor to refrain from:

- a. Cheating.
- b. Stealing.
- c. Lying.
- d. Riding without permission.
- e. Breaking any rules of Student Government Constitution.

2. Dancing with dates, card playing and smoking are not allowed.

3. Offenders may be brought before the Student Council at any time for a reprimand or restriction when the Student Council deems it necessary. Upon the second campus parents are notified.

4. Any violation of the honor system coming under students' observation shall be immediately reported to Student Council.

5. When one girl suspects another of cheating it is her duty, with the assistance of another girl, to investigate at once.

## VI—Amendments

Amendments to the By-Laws may be made by a majority vote of the membership of the Student Council. Upon approval of the Government Committee, such an amendment shall become part of the By-Laws.

## REGULATIONS

### 1. House

#### SECTION 1. Quiet.

- a. Classes. 8:20 to 12:50 a.m.; 1:40 to 3:40 p. m. except on Monday.
- b. From 10:50 p.m. to 7:30 a.m. At the 10:50 bell the student must be in her room. No permissions to visit can be given after this time.
- c. Quiet hour from 8:05 to 8:20 a.m. except Sunday. It is then observed from 2:00-3:00 p.m.
- d. During all religious meetings.

NOTE: Quiet hour rules. Only two in a room. Five minutes allowed to get to room.

SEC. 2. Study Hour. 7:15 to 10:30 p.m. except Monday. 9:30 to 11:30 a.m. Monday.

- a. This period is for study and quiet must be maintained.

- b. Study hour must be observed as follows:
  - 1. Seniors and Juniors may have open study hour.
  - 2. Sophomores must observe closed study the first semester.
  - 3. Freshmen are to observe closed study.
- c. During study hour no deliveries shall be made from the stores.
- d. Those having closed study must secure permission to speak from the Proctor or Council Member on the hall they desire to speak. Ten minutes are allowed to speak. Permission to study with anyone must be secured from the Dean.
- e. Those having open study hour must have permission to speak in rooms of those having closed study.
- f. Students may take baths or iron during study hour if it is done quietly.

### SEC. 3. Lights.

- a. All lights must be turned off promptly at 11:00 p.m. except the night preceding tests days each quarter. On those nights at 12:00 midnight.
- b. Lights may be turned on at 5:30 a.m.
- c. Radios must be played softly after light bell.
- d. No sitting in hall or talking across the hall allowed after light bell.

#### SEC. 4. Chapel.

- a. Chapel attendance is required every morning unless excused by Dean or Nurse.
- b. Students will be allowed two cuts each semester.
- c. Studying or reading not allowed in chapel.

#### SEC. 5. Busy Signs.

- a. Breaking an Official Busy Sign necessitates a one week's campus.
- b. Busy Signs are to be used only in case of studying or like purposes.
- c. Only two in a room behind a Busy.
- d. Any communication with persons behind a Busy is breaking the Busy.
- e. A Busy Sign is broken when left on the door of a vacant room.

#### SEC. 6. Meals.

- a. Breakfast is served on week days at 7:30 a.m. Sunday 8:00 a.m.
- b. Students are expected to be at meals unless excused by the Dean or Nurse.
- c. No crockery, glass, or tableware may be taken from the dining hall.
- d. Students eating away from regular table must notify their hostess.

#### SEC. 7. House Guests.

- a. No student is allowed to entertain visitors in the college without permission from the Dean.
- b. Any student desiring to invite a guest to a meal must get permission from the Dean and report to the Dietitian.

- c. GUESTS ARE EXPECTED TO CONFORM TO THE REGULATIONS OF THE COLLEGE.

#### SEC. 8. Miscellaneous.

- a. No student is allowed to talk to boys from a dormitory window.
- b. Everyone is held responsible for all announcements made in chapel, Student Body Meetings, in the Dining room, and those posted on the Bulletin Board. If concerning the day students it must be announced in chapel or posted on day students' Bulletin Board.
- c. On Saturday and Sunday nights students are allowed to spend the night with four in a room by signing with the Proctor before 10.50 p.m.
- d. Students must wear hose or anklets on first floor and out-of-doors. Hose must be worn until 6:00 p.m. on Sunday.
- e. Students are required to attend all special services.
- f. Radios are not to be played during quiet hour and study hour.
- g. Attendance is required at Student Body Meetings, and girls must sit in regular seats.
- h. When a student has received four call downs she will be campused for one week. Upon receiving an additional four she will be campused for two weeks.
- i. No student who is campused is allowed to leave the campus to represent the college in any activity.



## 2. Social Regulations

### SECTION 1. Written Permissions.

- a. The following permissions may be granted to the student provided they meet the following requirements:
  - 1. That they do not conflict with college regulations.
  - 2. That they meet with the approval of the parent or guardian.
  - 3. That they are agreed upon and approved by the Dean of Women.
  - (a) Spend the day, night, or week-end away from the college.
  - (b) Dine out.
  - (c) Receive men callers.
  - (d) Cut classes or chapel.
  - (e) Make trips in automobiles.
  - (f) Dance with each other.

### SEC. 2. Chaperonage.

- a. Chaperonage is required for underclassmen for trips out of town unless out with parents.
- b. Students are to bear the expenses of their chaperons.

### SEC. 3. Dating.

- a. Students with dates are expected to behave with good taste.
- b. Those who violate dating regulations shall be deprived of the privilege.
- c. All students may have dates on Saturday and Monday nights and any afternoon.

- d. Students, by signing out, may go to the show, drug stores with their dates in the afternoon.
- e. Dates must enter and leave by the front door.
- f. Dates may walk over entire campus in the afternoon.
- g. After sundown dates must stay in the prescribed area.
- h. Dates may go to the bowling alley and the gym.
- i. Students having dates during college entertainments are required to attend the entertainments.
- j. Students must sign up for dates.
- k. Students may date until 6:00 p.m. on Sunday.

#### SEC. 4. Off Campus.

##### a. Town Regulations.

- 1. Students may go up town any morning and afternoon except Saturday afternoon.
- 2. Students may go to the show any afternoon except Saturday provided there are no classes or labs missed.
- 3. While visiting in town students are under college regulations.
- 4. Girls must sign out when leaving campus and sign in on returning.
- 5. Students must not leave campus after dinner without permission from Dean.

b. Out of Town.

1. Students may go to Fayetteville or other nearby towns on Monday by signing with the Dean. They are to go with a Senior or Council Member or Faculty Member.
2. Students may take meals with friends in nearby towns and return with them if they are signed in by 6:00 o'clock. This is to be granted at the discretion of the Dean and only when written permission from parents has been sent direct to Dean of Women. This permission must specify the name of man, and a new permission is required for each occasion.
3. Students spending the week-end away from the college are responsible to the hostess, not the college.
4. Students away for the week-end or an evening must sign in at the Dean's office by light bell (11:00). If arriving after 11:00 p.m. must report in person to Dean immediately and give reason for delay. Neglect involves penalty of a campus.

SEC. 5. Week-ends.

- a. Students may have four week-ends a semester.
- b. All students with grades of A or B on the previous semester's work may have double the number of week-ends allowed.

## SEC. 6. Entertainments in Auditorium.

- a. Attendance required except when announced otherwise.
- b. Mode of Dress.
  - 1. Concerts, Faculty Recitals and Lectures — all students must dress formally.
  - 2. Student Recitals—Formal dress required if attending reception or dating.

## SEC. 7. Sunday.

- a. Students not allowed to leave the campus without permission except for church.
- b. Church attendance is required unless excused by the Dean or Nurse. If excused for illness the student must remain in the infirmary.
- c. Each student allowed two church cuts each semester. Cuts must be registered with Council Member on your hall.
- d. No ironing on Sunday.
- e. No deliveries allowed on Sunday.

## SEC. 8. Miscellaneous.

- a. Four girls may go hiking without a chaperon.
- b. Girls may skate on College St. and 3rd Ave. as far as the Methodist Church.
- c. Girls may play golf, ride bicycles, and ride horseback by registering with the Dean.
- d. Students must be in the building after dark.

## SEC. 9. Privileges.

### Seniors:

- a. Are permitted to ride in town until 6:00 p.m.
- b. Are granted two extra week-ends a year.
- c. May leave campus, four for walking beyond city limits, two for walking within city limits on Sunday.
- d. May date any night except Sunday, then by permission from the Dean.
- e. May go to the show at night in groups of four except Saturday night.
- f. Two Seniors and their dates may attend the first show in the evening by registering at the Dean's office before leaving and on returning. They must return immediately unless to stop by the drug store.
- g. Are not required to attend student recitals.

### Juniors:

- a. One open night a week other than Monday and Saturday. If taken on a week night two girls with their dates may attend the theatre by registering in the Dean's office before leaving and after returning. The students may attend the first show only and must return immediately unless to stop by the drug store.
- b. May have one extra week-end a year.

### 3. Academic Regulations

#### SECTION 1.

- a. When a student matriculates and has arranged her schedule, no course may be dropped without first securing permission to do so from the academic dean.
- b. Regular class attendance is required of students.
- c. A student expecting to teach should notify the academic dean during the first semester of her Sophomore year, AND SHOULD INFORM HERSELF CONCERNING REQUIREMENTS FOR TEACHERS' CERTIFICATES IN WHICH SHE WISHES TO TEACH.
- d. If a student wishes to be absent from college with parents' permission and insistence but contrary to attendance regulations in regard to absences, it will be necessary for her to take an examination on each subject missed, be charged \$2.00 per day, and suffer the penalty of two points deducted for each unexcused absence.
- e. A student having a failing grade in any subject required for graduation is ineligible for a major office.

### THE ATHLETIC ASSOCIATION

The purpose of the Athletic Association is to uphold and carry out the highest ideals of good sportsmanship, to foster a spirit of genuine service to the school and to offer

to all the opportunity for the participation in all athletics. Hockey, soccer, basketball, baseball, archery, and tennis are played with great enthusiasm in their seasons. The Athletic Board consists of the regular officers of the Association, heads of sports, and the managers of the various teams in their respective seasons. The Board, in co-operation with the physical director, is in charge of all sports and athletic activities.

In hockey, basketball and tennis, the major sports, an honorary varsity is selected by the Board. They are selected for the ability to play, scholarship sportsmanship, and conscientious keeping of the honor system. Each girl elected to varsity is awarded an Old English "M" in blue. Juniors and Seniors are awarded the "F. M. C." monogram on winning five hundred points in athletics and other College activities. Begin now while you are a Freshman to win points on your "F. M. C." monogram.

## LITERARY SOCIETIES

We have two literary societies in the College—Epsilon Chi, and Zetesian. They meet every two weeks, on Saturday nights, in their respective halls. It is the aim of the societies to improve the intellectual and social faculties of their members, to produce good literary work and development in music and dramatics.

Every girl who comes to F. M. C. is invited to become a member of either of these societies. The work is carried on entirely by the students, and is a great help as well as pleasure to them.

## PUBLICATIONS

### The White Heather

*The White Heather* is the College Annual published once a year by a staff of editors and business managers. It pictures the important events of the year in addition to individual pictures of each student and faculty member. Every girl should purchase an Annual so that in the years to come, when College life is just a treasured memory, the *White Heather* will be the tangible form of those so intangible College days.

### Pine and Thistle

All college girls are proud of their school publications, and the magazine is the real feature that displays the literary ability, originality, and humor of each student. The staff is elected by the literary societies, therefore it is your magazine, and you may support it by your literary contributions.

## GLEE CLUB

F. M. C. has a Glee Club of selected voices. In the fall the Music Staff conducts a try-out open to every girl.

## THE COLLEGE

Motto—"Disciplina Feminarum Christo."  
Colors—Dark Blue and White.

## COLLEGE CUSTOMS

Quiet is always desired in the library.

Bow head in a few minutes of silent prayer before the morning chapel service begins.



Always stand when the College Song, your Alma Mater song, is being played or sung.

GYM CLOTHES ARE NOT WORN IN THE LIBRARY, ON THE FRONT CAMPUS, IN THE BURSAR'S OFFICE, OR ANY PUBLIC ROOM.

According to the College traditions, Seniors and Sophomores are sister classes, while Juniors are "big sisters" to the Freshmen. The outgoing Senior Class always wills its colors to the incoming Freshman class. These colors are presented to the Freshmen at the opening of the year.

Senior Class, '44	Blue and Gold
Junior Class, '45	Red and White
Sophomore Class, '46	Blue and Gray
Freshman Class, '47	Purple and White

## HINTS

Keep That Handbook Handy.

For consideration of others, rules are necessary.

Read the College Catalogue carefully, bring it to the College with you, and keep it for reference.

Look out for the girls with blue and white ribbons on their arms, who will meet you at the bus station or at the college.

Be sure to have your name on both your trunk and suit case.

If possible, bring towel, napkins, sheets, and pillow case in your suitcase, as your trunk may not arrive when you do.

THE FIRST THING TO DO ON ARRIVING AT THE COLLEGE IS TO GO TO THE DEAN TO REGISTER YOUR ARRIVAL AND GET THE NUMBER OF YOUR ROOM.

Your closet will require a curtain of burlap or cretonne the width of a door and two and one-quarter yards long.

Sash curtains for the windows should be one yard long and full-length curtains two and one-fourth yards long. There is one pillow for each bed, which is 19 x 27 inches.

Bring bureau scarfs, table covers, curtains, pictures, and a rug or so, as they will make your room much more pleasant and the College does not furnish them.

All laundry is done by the College laundry on the campus. A student may put as many pieces as is necessary in the laundry, but she must keep them down to a reasonable number.

Each girl is assigned a laundry number a few days after her arrival. Do not write for laundry numbers during the summer, as it is impossible to supply them.

There are available electric irons (for pressing) on Vardell second and East third.

Take any seat in the dining hall during the first few days.

Your mail will reach you if sent in care of F. M. C., Red Springs, N. C.

Try to keep radios away from the windows. They must be for both a.c. and d.c. current.

Outgoing Mail

8:30 a.m.  
10:00 a.m.  
4:00 p.m.

Incoming Mail

9:30 a.m.  
11:00 a.m.  
5:50 p.m.

The Bursar's Office Hours:

Monday—11:30 a.m. to 12:00.

Tuesday, Wednesday, Thursday, Friday,  
Saturday—3:00 to 4:00 p.m.

The Dean's Office Hours:

Week Days—

10:00 a.m. to 12:00 Noon.

2:00 p.m. to 3:00 p.m.

10:00 p.m. to 10:50 p.m.

Sunday—10:00 p.m. to 10:50 p.m.

Student Body Dues (50 cents) are included in the Budget Fee (\$13.50).

If you are lonesome, cheer up somebody else.

Cultivate the virtue of promptness in everything; it saves time.

The first element of success is a determination.

“Neither a borrower nor a lender be.”

Prove that you have the true College spirit by learning the College songs before you come.

PUT YOUR HONOR SO HIGH THAT  
NO ONE CAN QUESTION WHERE YOU  
STAND.

## FLORA MACDONALD SONGS

### F. M. C. A. Hymns

#### Seal Us, O Holy Spirit

Seal us, O Holy Spirit, grant us Thine  
impress, we pray;  
We would be more like the Savior,  
Stamped with His image today.

Chorus—Seal us, seal us, seal us just now,  
we pray;  
Seal us, O Holy Spirit, seal us for service  
today.

Seal us, O Holy Spirit, help us Thy likeness  
to show;  
Then from our lives unto others  
Streams of rich blessing shall flow.

Seal us, O Holy Spirit, make us Thine own  
from this hour.  
May we be useful, dear Master,  
Seal us with witnessing power.

#### Living For Jesus

Living for Jesus a life that is true,  
Striving to please Him in all that I do.  
Yielding allegiance, glad-hearted and free,  
This is the pathway of service for me.

Chorus—O Jesus, Lord and Savior, I give  
myself to Thee;  
For Thou, in Thy atonement, didst give  
Thyself for me;  
I own no other master, my heart shall be  
Thy throne.  
My life I give, henceforth to live, O Christ,  
for Thee alone.

Living for Jesus who died in my place,  
Bearing on Calv'ry my sin and disgrace,  
Such love constrains me to answer His call,  
Follow His leading and give Him my all.

Living for Jesus wherever I am,  
Doing each duty in His Holy Name,  
Willing to suffer affliction or loss,  
Deeming each trial a part of my cross.

Living for Jesus thro' earth's little while,  
My dearest treasure, the light of His smile.  
Seeking the lost ones He died to redeem  
Bring the weary to find rest in Him.

### College Song

Far away from noisy tumult  
And the city's throng  
Stands our cherished Alma Mater,  
Worthy of our song.

Chorus—Now we lift our joyous chorus,  
Full of love to Thee,  
Hail to thee, O Alma Mater!  
Hail, O, F. M. C.

On her wide and spacious campus  
Springs of crystal rise,  
Which for joy and health and beauty  
She shall ever prize.

Stately vines wavering o'er her,  
Proud her guards to be,  
Whisper faith and hope and courage,  
Faithful listens she.

## College Friendship Song

Our college friendship is the finest  
Worth any price that you can pay,

May bonds of friendship ne'er be broken  
As through this world we win our way.

But yet! Whatever be life's fortune  
In God our trust shall ever be.

These good old days won't be forgotten  
And the girls of F. M. C.

## College Pep Song

Flora Macdonald, Hail! Flora Macdonald,  
Hail!  
The College best of all the rest, her praises  
never fail.

Ch -----  
Flora Macdonald Hail! Flora Macdonald  
Hail, etc.

## Zetesian Society Song

Friendship our motto,  
And knowledge our quest,  
With grateful hearts we  
Offer unto you our best,  
Always with fond memories,  
Loyal we'll be  
To green and white, our emblem;  
Zetesian, to Thee.

## Epsilon Chi Society Song

In fellowship and eager quest  
For those things fine and true  
That give life its joy and light  
Epsilon Chi, we sing to you.

You open wide for those who seek  
The world's rich treasure store  
The precious spoil that ages past  
At willing feet will pour.

Our loyalty to white and gold  
Together binds us fast  
As long as memory's golden chain,  
Epsilon Chi, our love shall last.

And when we're far from F. M. C.  
And back our thoughts shall turn,  
A flame of gratitude to you  
In loyal hearts will burn!

# COLLEGE DIRECTORY

## Student Body

Margaret Teabeaut .....	President
Mary Johnson .....	Vice-President
Catherine McDuffie .....	Secretary
Catherine Lytton .....	Treasurer

## Senior Class

Frances Lifrage .....	President
Catherine McDuffie .....	Vice-President
Margaret Lewis .....	Secretary
Mary Lee Hughes .....	Treasurer

## Junior Class

Carolyn McKay .....	President
Catherine Lytton .....	Vice-President
Miriam Hurley .....	Secretary
Betty Barringer .....	Treasurer

## Sophomore Class

Mary Gee Willcox .....	President
Billie Estes .....	Vice-President
Nell Lancaster .....	Secretary
Nancy Meekins .....	Treasurer

## Freshman Class

(To be elected)

## Christian Association

Anyce Kallam .....	President
Sara Margaret McEachern .....	Vice-President
Lucy Harrington .....	Secretary
Mary Catherine McCormick .....	Treasurer
Peggy Shinn .....	Chairman of Prayer Bands



## Highway Chairmen

Sara Margaret McEachern	Enlistment and Training
Evelyn Whisnant	Sunday School, Learning
Mary Elizabeth Johnson	Publicity, Learning
Nell Lancaster	Leisure Time
Esther Mae Grier	Life Enrichment, Religious Meetings
Faye Maness	Music, Life Enrichment
Martha McLeod	World Fellowship
Mary Catherine McCormick and Lucy Harrington	Stewardship
Katie Mac Kirkpatrick	Comradeship
Miss Zoulean Anderson	Faculty Adviser of the Cabinet

## Zetesian Literary Society

Mason Worley	President
Helen Little	First Vice-President
Martha Lassiter	Second Vice-President
Virginia Lee	Recording Secretary
Elwyne Lewis	Corresponding Secretary
Fannie Grey Worley	Treasurer
Jackie Herring	Critic
Frances Loy	Censor
Miriam Hurley	Chaplain

## Epsilon Chi Literary Society

Evelyn Randle	President
Carolyn Kurfees	First Vice-President
(To be elected)	Second Vice-President
Brydie Grantham	Recording Secretary
Libby Dilling	Corresponding Secretary

Kay Lee Walker	Treasurer
Peggy Shinn	Critic
Billie Estes	Censor
Betty Barksdale	Chaplain

### Athletic Association

Doris Baxley	President
Jane Latham	Vice-President
Nell Lancaster	Secretary
Fannie Grey Worley	Treasurer
Vivian McInnis	Salesman
(To be appointed)	Heads of Sports

### White Heather Staff

Rebecca McKethan	Editor-in-Chief
Peggy Wall	Business Manager

### Pine and Thistle Staff

Betty Kerr	Editor-in-Chief
Claire Willcox	Business Manager

### Hand Book Committee

Mary Johnson	Student Government
Sara Margaret McEachern	F. M. C. A.



**SINCERE GREETINGS TO  
ALL NEW STUDENTS!**

We welcome you into our Flora Macdonald Christian Association. You will find that the religious emphasis is natural, unstrained, inclusive; it becomes a quality of campus life.

Chapel, Vespers, and other meetings of the Association provide an opportunity for growth and development in your spiritual life.

We eagerly await your arrival in our midst!

Sincerely,  
**ANYCE KALLAM,**  
President of Christian Association.

# THE FLORA MACDONALD CHRISTIAN ASSOCIATION

## Motto

"Let no man despise thy youth; but be thou an example to them that believe, in word, in manner of life, in love, in faith, in purity."—I Timothy 4:12.

## The Purpose

The purpose of the Association is to lead students to faith in God, the Father, through Jesus Christ, His Son, and our Saviour, to lead them into membership to promote their growth in Christian faith and character, especially through the study of His Word. It shall further seek to influence them to devote themselves in united effort with all Christians to making the will of Christ effective in human society.

## The Cabinet

The Cabinet is composed of the officers together with the Chairmen of the Highways, the President of the Student Body ex-officio and the Faculty Adviser. The policy of the Cabinet is to exert its influence among the students in the interest of a higher standard of friendship, a broader democratic spirit and a closer fellowship with Christ, praying together, "Have Thine own way, Lord."

## The Highways

The Student Body is divided into seven Highways. The work of these Highways is based on the work of the Young People's

Association in the Southern Presbyterian Church and has been adapted to meet the need of our college group. These Highways meet on the third Sunday evening of each month.

### Highway of Life Enrichment

This Highway is divided into two groups, one concerned with the religious meetings, the other with music.

The duties of the Religious Meetings Group are:

1. Make the auditorium attractive for the religious meetings.
2. To encourage the proper use of Quiet Hour.
3. To have special charge of the F. M. C. A. programs during the months of October and May.
4. To have charge of the Prayer Room.

The duties of the Music Group are:

1. To maintain an F. M. C. A. choir.
2. To provide special music for religious meetings.
3. To provide musical programs during the year.
4. To introduce new songs and encourage congregational singing.
5. To coöperate with the Religious Meetings Group in presenting F. M. C. A. programs during October and May.

### Highway of World Fellowship

This Highway seeks in various ways to promote a deeper interest in missions, both at home and in foreign fields.

The duties of this Highway are:

1. To have charge of F. M. C. A. programs during January and February.
2. To provide Mission Study courses during the month of February.
3. To present Mission calls by pageants, etc.
4. To encourage the reading of missionary books and pamphlets.
5. To encourage giving mission objectives.
6. To keep in touch with our alumnae on the home and foreign fields.

### **Highway of Enlistment and Training**

The service of this Highway is:

1. To encourage consecration of life to full time service.
2. To have special charge of programs during December.
3. To encourage giving to the Joy Gift.
4. To observe the season of prayer for students in February.
5. To observe the World Day of Prayer in February.

### **Highway of Learning**

This Highway is divided into two groups, the Sunday School and Publicity. The duties of the Sunday School group are:

1. To keep an accurate record of Sunday School attendance and offering.
2. To distribute Sunday School literature.
3. To provide Worship programs for the Sunday School, and have them printed.

4. To provide F. M. C. A. programs during March.

The work of the Publicity group is:

1. To provide posters for all F. M. C. A. meetings.

2. To report to the publicity secretary of the college the special activities of the Association.

3. To make the blackboard attractive by the use of mottoes or make posters bearing mottoes.

4. To assist the chairman of the Sunday School group in providing Worship programs for Sunday School.

5. To coöperate with the Sunday School group in presenting F. M. C. A. programs during March.

### **Highway of Stewardship**

The duties of this Highway are:

1. To present causes and canvass for monthly pledges.

2. To receive monthly offerings and collect delinquent pledges.

3. To have special charge of F. M. C. A. programs during September.

### **Highway of Comradeship**

The work of the Highway is centered around Christian Social Service. Its service is confined almost entirely to the local work on the campus and the surrounding community. Aside from these activities, it is the duty of this Highway:

1. To encourage contributions to the Thanksgiving baskets and the Christmas stockings.

2. To provide F. M. C. A. programs during April.

### Highway of Leisure Time

This Highway also has two groups. The proper use of leisure time is encouraged by the group concerned with the social side of our college life; the other group maintains the F. M. C. A. library.

The duties of the Social group are:

1. To develop a spirit of friendliness and comradeship among the girls.

2. To develop a sense of individual responsibility in raising the social standards of our school.

3. To encourage a wholesome use of leisure time.

4. To plan all socials of the Association.

5. To provide F. M. C. A. programs during November.

The work of the Library group is:

1. To act as librarian for the F. M. C. A. library.

2. To keep Watkins Hall attractive and clean.

3. To encourage the reading of good books.

4. To provide F. M. C. A. programs during November.



## Why Join the F. M. C. A.?

Because—

“Acknowledging Jesus Christ, the only Son of God, as Lord and Saviour of your life, you want to coöperate with others who too have yielded their lives to Him.”

The F. M. C. A. brings you into a closer fellowship with the other students, and will present to you the deeper, truer meaning of Christianity. It will afford you good training for a beautiful life of service for your Master.

It stands for the all-round girl, developed physically, intellectually, socially, and spiritually.

Striving to realize the best in college life, it develops you into a good citizen of the college.

It cannot be a success without the co-operation of all Christian girls. It wants and needs you, and you need it.

### Quiet Hour

“Acquaint now thyself with Him and be at peace.” Job 22:21.

Fellowship with God results in peace, and because the need of this fellowship has been recognized at Flora Macdonald, there has been provided in your schedule each morning a period of fifteen minutes called the Quiet Hour, to be devoted in making your inner life deeper, richer, and fuller. The longer you stay in college the more interests you will have and the more complex your life will become; you will find that this short period of meditation and prayer at

the beginning of the day will give you strength to accomplish your day's tasks, a calm serenity in time of trouble, and a "peace which passeth all understanding."

## Prayer Bands

"If ye abide in me, and my words abide in you, ask what ye will, and it shall be done unto you."—John 15:7.

Because we believe in the power of prayer, and in the strength of united prayer, Prayer Bands have been organized. On Wednesday mornings you will find little group of girls who have come together in students' rooms to pray. We feel that these meetings have deepened the spiritual life of our school and have drawn us closer together. And because the girls show interest in these groups by taking part, we feel that this plan has proved helpful in developing new leaders and in giving us Christian poise.

## Vespers

At the close of the day we come together again for Vespers. Dr. Vardell conducts this service three evenings a week. It is a short period of prayer, hymns, and quiet meditation led by one who has wholly consecrated his life to God. On Thursday and Sunday evenings one of the Highways presents a program led by students. We are renewed in body and in mind as we pause before our study begins to unite again in worshipping our Creator.

# STUDENT VOLUNTEERS

## Officers

Martha McLeod .....	President
Jocelyn Gordon .....	Secretary and Treasurer
Carlisle Hoyt .....	Librarian
Miss Princie Maphet .....	Adviser

Motto: "Not by might, nor by power, but by my spirit, said the Lord of Hosts."—Zechariah 4:6.

Purpose: Student Volunteers is composed of:

1. Those girls who have pledged their lives to the foreign or home missionary fields.
2. Those girls who are interested in the work of these two fields.

This organization strives to stimulate among the students an interest in the work that is being done in the foreign and home missions and to bring to them a realization of the ever-increasing needs of these two.

Objectives: 1. To answer to the best of our ability calls that come from mission work.

2. To build up material on missions in the F. M. C. A. library and to encourage the reading of this material.

Meetings: This group, with its adviser, meets informally in Watkins Hall each Sun-

day night to study the lives of missionaries and their work. Several times, during the year, outside speakers, including returned missionaries, speak to the organization.

Pledges: At the first of the year each member is given an opportunity to make a pledge which is paid quarterly. This money is used to meet the objectives previously mentioned.

### Churches

Each girl has the privilege of attending her own church. The pastor and congregation extend a hearty welcome to every girl.

### Churches

1. Presbyterian
2. Methodist
3. Baptist
4. Episcopal

# MEMORANDUM

# MEMORANDUM



